CAMM FALL LWMS RALLY LETTER

FALL 2026

CONTACT WOMEN CORNER

A quick hello! My name is Stephanie Otto. I serve as the CAMM Contact Women Coordinator. It has been a privilege working with many LWMS reporters and Contact Women. If you have questions about shipments to Africa, current needs or other CAMM related questions, please reach out. I would love to hear from you. If you would like to join the Contact Women network or know someone who does, please contact me.

God's Blessings!

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Pill Bottle Donations

Used pill bottles are used each day by our clinics in Zambia and Malawi to dispense liquid medications. However, we are unable to accept more shipments of pill bottles in Malawi at this time, due to the lack of storage space for them at our main clinic building. Here are a few reminders if your group is interested in gathering, preparing, and shipping pill bottles to Africa.

- Shipping costs are the responsibility of the group preparing the package. Many have used Thrivent Action Grants to cover these costs which can run from $175-$250 depending in the size of your package.
- Ensure all bottles are clean and without stickers or sticky residue.

Current needs for supplies in Malawi.

Short and long sleeve shirts and sweatshirts (24 months - 4T)
Sun hats (infant - adult)
Onesies (12 months - 2T)
Athletic pants/leggings (12 months - 4T)
Baby receiving blankets, socks, and hats
Sunscreen lotion (SPF 50)
Knitted/winter hats (infant - adult)
1 and 2 gallon Ziploc bags
Baby bottles
*Malawi is not able to accept pill bottles at this time.

ADDRESS BOXES FOR MALAWI
LUTHERAN MOBILE CLINIC
P.O. Box 30339
Lilongwe 3, Malawi, AFRICA

Current needs for supplies in Zambia.

Baby receiving blankets, socks, and hats
Baby blankets of any kind
Sunscreen lotion (SPF 50)
AA batteries (dry cell not lithium)
1 and 2 gallon Ziploc bags

ADDRESS BOXES FOR ZAMBIA
LUTHERAN MISSION RURAL HEALTH CENTER (Mwembezhi)
P.O. Box 310005
Chelston, Lusaka, Zambia, AFRICA

Additional shipping information and tips can be found on our website at www.camm.us/howtohelp/

DONATE ONLINE: CAMM.US/DONATE

MONETARY Donations: Check (Payable to Central Africa Medical Mission) Mailed to

WELS Gift Processing-CAMM
N16 W23377 Stone Ridge Drive
Waukesha WI 53188

CAMM Quick Facts

- We serve over 70,000 patients each year. The clinic in Zambia serves about 25,000 patients annually and delivers about 150 babies annually.
- The mobile clinic in Malawi serves over 45,000 patients annually at 4 remote sites.
- Our clinics are served entirely by national staff.
- Each clinic has devotions for patients at the very start of clinic day, led by a pastor or elder from the Lutheran Church of Central Africa.

Zambia Clinic

In Zambia, we have a clinic staffed by national staff located in Mwembezhi Village, which is about 60 miles west of Lusaka. Services in Zambia include preventative healthcare for children, antenatal care, and birthing as well as outpatient services for illnesses such as malaria, HIV/AIDS, parasitic infections and tuberculosis.

One current project in Zambia is the construction of an ablution block. The ablution block is a building which will contain toilets, sinks, and showers for the patients who come to clinic. Currently there are no toilet or washing facilities at the clinic for our patients to use which have running water. The only toilets that are available to patients are pit toilets. The ablution block is a long-awaited improvement to our clinic site, which will provide a much more sanitary environment for the patients who come for treatment or to deliver a baby.

Malawi Clinic

In Malawi, CAMM operates a mobile clinic. The clinic focuses on preventive healthcare for mothers and children, but also tends to those that need medical attention. We also provide an infant wellness program, which includes immunizations and care for children in Malawi.

Kenya Medical Camp

CAMM organized a short-term medical camp from February 10th to 14th in Chabera, Kenya. Kate Wood, Field Director/Executive Director, and retiring Field Director, Gary Evans, led 6 WELS volunteers, coordinated with the African Lutheran Congregations in Mission for Christ (LCMC) leadership, engaged LCMC church volunteers, and partnered with the Kenyan Health District in the third “pop-up” medical camp in Kenya. The first medical camp in the underserved Chabera area drew just shy of 2,400 children, women, and men in 5 days, many arriving by foot and some by motorcycle taxi traveling up to 5 kilometers for free medical services, medical screening, and medication.

THANK YOU!

On behalf of the entire CAMM stateside committee, we would like to say thank you to LWMS for all of your years of support and prayers.